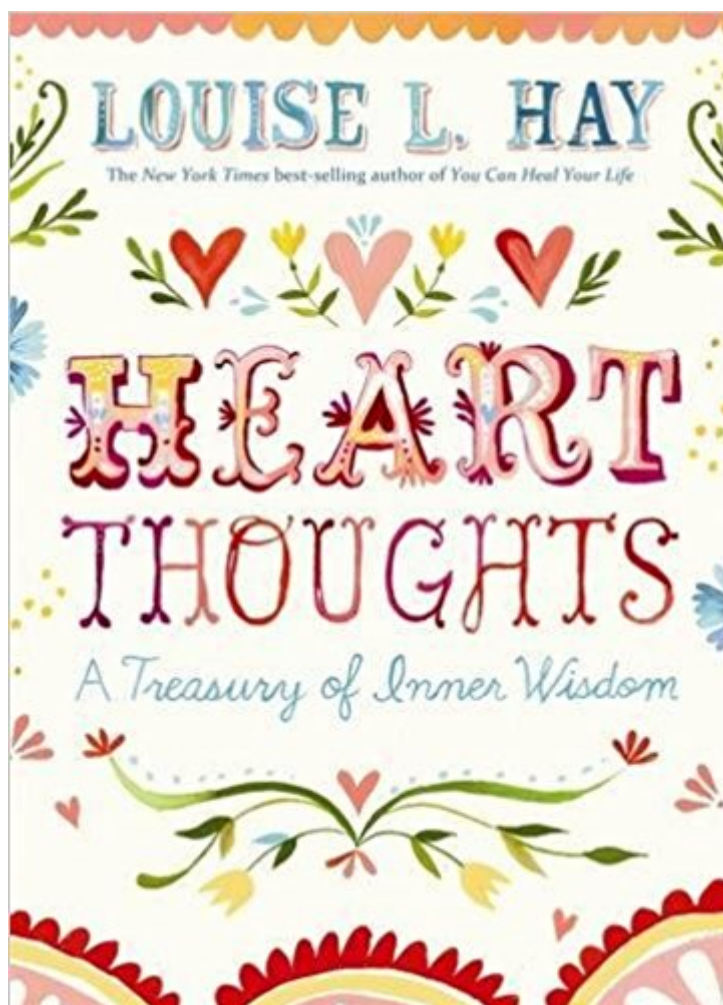


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# Heart Thoughts: A Treasury Of Inner Wisdom



## Synopsis

“This beautifully illustrated gift edition of Heart Thoughts is a collection of meditations, spiritual treatments, and excerpts from my lectures. It focuses on aspects of our day-to-day experiences, and is meant to guide and assist you in particular areas where you may be having difficulty. It is now time for you to release old beliefs and old habits, and the meditations and treatments within these pages can help you build your confidence as you make necessary changes in your life. This is a time of awakening. Know that you are always safe. And also know that it’s possible to move from the old to the new, easily and peacefully.” Louise L. Hay

## Book Information

Flexibound: 248 pages

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Average Customer Review: 4.8 out of 5 stars 100 customer reviews

Best Sellers Rank: #16,238 in Books (See Top 100 in Books) #109 in Books > Self-Help > Spiritual #207 in Books > Health, Fitness & Dieting > Mental Health > Happiness #362 in Books > Self-Help > Motivational

## Customer Reviews

Louise L. Hay, the author of the international bestseller *You Can Heal Your Life*, is a metaphysical lecturer and teacher with more than 50 million books sold worldwide. For more than 25 years, she has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. She has appeared on *The Oprah Winfrey Show* and many other TV and radio programs both in the U.S. and abroad. Websites: [www.LouiseHay.com](http://www.LouiseHay.com)® and [www.HealYourLife.com](http://www.HealYourLife.com)®

I love this book. It's so colorful and pretty. I open up to a random day and use that as my daily focus/meditation/writing prompt. so convenient!

This is a beautiful book, and will be a good one to keep beside the nightstand! I only eliminated one

star because at times the passages can be choppy.

A delightful book from Ms. Hay with inspiring thoughts and beautiful artwork. I love that I can either read it straight through, a few pages/ideas at a time, or simply open to any page to get the 'message' I need to hear at that day and time. Highly recommended for those with self-esteem, body-image, low motivation, or self-worth challenges.

This is a pretty book. Its colorful and type is very nice. This book isn't meant to sit down and read though whole book. It's inspiring and I will be looking at the authors other books as well. This is a perfect gift for anyone. I recommend it to all those who need uplifting.

GREAT BOOK. GREAT SERVICE.

My son has social anxiety, panic attacks, & depression and he is really liking this book. He reads it daily, and I can feel the change for him. Sooo grateful. Something that all of us need is to feel good about who we are and to be grateful every day. Love, love, love this book.

I purchased this wonderful book for myself and for a dear friend of mine who considers Louise Hay her mentor! We both LOVE the wonderful ideas Louise shares throughout this book on so many areas of life that all of us can relate to. It's a big thank you to Louise!

Excellent Product!

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